



Tanzania

## Arusha Culture Week



📍 Monduli 📅 Every week ⌚ 1 week

This week will take you around to important locations related to Tanzania's culture and history. The week will feature orientation classes and visits to a Maasai Village and other places of interest, all of which will help you integrate into the local culture and give you everything you need to settle into this developing part of the world!

## Maasai Tribal Immersion



📍 Moita 📅 Every week ⌚ 1 week

This program provides insight into the unique culture of the Maasai Tribe and the impact that is felt when the education of girls is not prioritized. The primary focus is on the development of basic skills and financial literacy of the local women, who are learning how they can earn funds to support themselves and educate their children.

## Maasai Women Empowerment



📍 Moita 📅 Every week ⌚ 1 week min

This program provides insight into the Maasai Tribe's distinct culture and the consequences of not prioritizing girls' education. The primary focus is on the development of basic skills and financial literacy among the local women, who are learning how they can earn funds to support themselves and educate their children.

## Arusha Environmental Conservation



📍 Monduli 📅 Every week ⌚ 1 week min

Get involved in area reforestation efforts, teaching classes on environmental conservation, tree planting and more! This program is part of an effort to preserve the natural environment for the benefit of animals, and the community while offering important environmental awareness to the community in Monduli.



## Arusha English Teaching



📍 Monduli 📅 Every week ⌚ 1 week min

Assist teachers in local schools in the district of Monduli and help students broaden their minds. It will also be a fulfilling experience for you! Friendly school teachers will provide guidance based on their curriculum as you create lesson plans. Use informal group activities involving games and toys, all to improve the English of local children.

## Arusha Medical Placement



📍 Monduli 📅 Every week ⌚ 1 week min

This is an excellent opportunity for medical professionals and prospective medical/nursing students to expand their knowledge of healthcare provision in Tanzania. Depending on your qualifications, you may also be able to provide medical assistance to members of the community who have limited access to resources.

## Arusha Construction & Renovation



📍 Monduli 📅 Every week ⌚ 1 week min

This project supports schools in and around Monduli by restoring and renovating their infrastructure in order to create better learning conditions for the students. We also help the schools by providing learning facilities where and when needed.

## Arusha Sports Coaching



📍 Monduli 📅 Every week ⌚ 1 week min

During this program, you will coach children between the ages of 7-12 years to help them develop their social, physical and mental skills through sports and play. The children will learn team-building skills, fresh and brand-new sports skills and a sense of discipline, that will assist them in developing sports skills.

## Dar Es Salaam Teaching Assistant



📍 Dar Es Salaam ☒ Every week ⌚ 1 week min

Teach English and help Tanzanian children at a government owned primary school with your advanced English Communication skills and other sets of skills in a two - way teaching - learning process that will allow for greater cultural exchange!

## Dar Es Salaam Women Empowerment



📍 Dar Es Salaam ☒ Every week ⌚ 1 week min

Help us work towards a better future for Tanzanian women by participating in this meaningful project. You will have the opportunity to work with underprivileged village women in Dar es Salaam, and provide them with a variety of activities and training sessions in batik and handicraft making that will help them for a brighter future.

## Dar Es Salaam Construction



📍 Dar Es Salaam ☒ Every week ⌚ 1 week min

Join us in renovating schools, community centers, and mosques, and assisting in the construction of new homes. Engage with the local community and make a meaningful impact. This is your chance to get involved, make a difference, and experience the beauty of this city located on the stunning Indian Ocean. Pack your bags and be part of the positive change in this incredible community.

## Dar Es Salaam Teaching Music & Arts



📍 Dar Es Salaam ☒ Every week ⌚ 1 week min

You will have a wonderful time teaching the kids in Madale, Dar es Salaam about music appreciation, arts, and playing various instruments. Inspire the young talents to discover their potential as future musicians and artists, and help them develop a deep love for music and arts.