



Japan

Hospitality & Tourism Internship



📍 Nagano Specific weeks ⌚ 1 week min

Help out in a local restaurant, campsite or hotel and organizing empty houses and support a local initiative to develop more sustainable tourism.

Otaki village, about 6 hours from Tokyo, offers an idyllic setting and an abundance of nature. Work with the locals to service Japanese guests, learn about tasks and routines in tourism and lend a hand to a group of locals who try to grow Otaki into a place for learning about sustainability and self-sufficiency.

Community Agriculture



📍 Nagano Specific weeks ⌚ 1 week min

Work side by side with local farmers and learn from them how to plant and harvest crops, protect them from animals and preserve them for wintertime. Give the locals company and a chance to share their culture and experience and support them in their farming tasks

English Exchange



📍 Nagano Specific weeks ⌚ 1 week min

Organizing conversational afternoons would be an excellent approach to help the locals interact with foreigners, which is more than just practicing a language. This initiative can also provide you with the opportunity to learn about their lifestyle and culture.