



Thailand

## Hua Hin Culture Week



📍 Hua Hin    📅 Every week    ⌚ 1 week

Based in the seaside town of Hua Hin, our program offers the opportunity to immerse yourself in Thai culture through a variety of different cultural activities and sightseeing and free time to fully enjoy the gorgeous surroundings. Learn the culture, and explore nature while you prepare for your time in Thailand.

## Hua Hin Construction and Renovation



📍 Hua Hin    📅 Every week    ⌚ 1 week min

Your program is in Hua Hin - aims to build and renovate buildings that are essential for the growth and development of the local community. You will work in schools, playgrounds and public places and support local families by improving living conditions. "get your hands dirty" approach where your hard work would create a positive change.

## Hua Hin Environmental Conservation



📍 Hua Hin    📅 Every week    ⌚ 1 week min

Work at national parks and help the park with its day-to-day tasks and activities. Join work at a tree nursery and help with tree plantation activities. You will also get a chance to spread awareness and educate the students at a local school on environmental conservation. Help prepare the next generation to look after the planet.

## Hua Hin Teaching



📍 Hua Hin  Every week ⌚ 1 week min

Give back to the local Thai community and spend time with local students as you teach English in schools in and around Hua Hin. You will help students to broaden their minds and have a cultural exchange as you teach English and assist local staff with your creative ideas.

## Hua Hin Kindergarten (Child Care)



📍 Hua Hin  Every week ⌚ 1 week min

In this program, you will prepare creative teaching lessons for children, help them with their daily activities and put them down for a nap. Alternatively, continue interacting with the children in the afternoon alongside the local teachers and staff.

## Hua Hin Sports Coaching



📍 Hua Hin  Every week ⌚ 1 week min

Engage in sports activities at local schools to introduce children from rural areas to new physical activities. Through team sports like soccer, volleyball, rugby, and basketball, children will develop socially, physically, and mentally, gaining valuable skills and discipline for lifelong benefits.

## Hua Hin Muay Thai Boxing



📍 Hua Hin  Every week ⌚ 1 week min

Muay Thai, or Thai Boxing, is the national sport in Thailand. It is dubbed the "art of the eight limbs," as it teaches you to combat your opponent using eight different points of contact on the body. Learn a skill for life while enjoying amazing Thailand.

## Chiang Mai Adventure



📍 Chiang Mai  Every week ⌚ 1 week

From exhilarating walking tours and cycling adventures to bamboo water rafting and more, you'll experience breathtaking moments and adrenaline-pumping thrills. One of the highlights will be visiting an elephant sanctuary, where you'll have the chance to spend a full day with these magnificent creatures and much more.

## Chiang Mai Elephant Experience



📍 Chiang Mai  Every week ⌚ 1 week min

Join this program to work up-close with mahouts, the ancient elephant caretakers of Asia, and get up close to the elephants as well as contribute to their well-being through various activities like bathing, trekking and assisting them at the elephant center and more!

## Chiang Mai Culture Week



📍 Chiang Mai  Every week ⌚ 1 week

This program offers the opportunity to immerse yourself in Thai (Lanna culture) through a variety of different cultural activities and sightseeing and free time to fully enjoy the gorgeous mountainous surroundings. Learn the culture, and explore nature while you prepare for your time in Thailand.

## Chiang Mai Thai Buddhism



📍 Chiang Mai 📅 Every week ⌚ 1 week min

Our Thai Buddhism program offers the opportunity to immerse yourself in Thai culture through a variety of different cultural and religious activities ranging from helping monks with their daily chores to meditation practices. Join this program to learn the Buddhist culture and practices and improve your body and mind.

## Chiang Mai Teaching



📍 Chiang Mai 📅 Every week ⌚ 1 week min

Teach children in local schools in the morning and in the afternoon you will prepare your lessons for the next day. You will help students to broaden their minds and have a cultural exchange as you teach English and assist local staff with your creative ideas, songs, games, and other fun activities.

## Chiang Mai Construction and Renovation



📍 Chiang Mai 📅 Every week ⌚ 1 week min

Assist in the renovation of local schools, hospitals, temples, and poor housing conditions, as well as many local community areas and facilities that still require significant improvement. You will be continuing ongoing construction and renovation projects as well as participating in new projects to benefit the local community.

## Chiang Mai Kindergarten



📍 Chiang Mai 📅 Every week ⌚ 1 week min

Experience the joy of nurturing young minds in Chiang Mai with our Child Care program. Work alongside local teachers to create a positive and engaging learning environment for children aged 2.5 to 6 years old. Your creative input will make a lasting impact on their education and development.

## Koh Samui Culture Week



📍 Koh Samui  Every week ⌚ 1 week

This is an action-packed week full of exciting adventures and cultural excursions to learn about Thai culture! You will get to learn the basics of the Thai language, explore Koh Samui and its surrounding areas, and finally immerse yourself in Thai culture.

## Koh Samui Elephant Experience



📍 Koh Samui  Every week ⌚ 1 week min

This program offers the opportunity to work closely with these majestic animals, learning about their behavior, needs, and how to care for them responsibly. The program aims to provide a nurturing environment for the elephants, tailored to their specific needs based on age and health.

## Koh Samui Teaching



📍 Koh Samui  Every week ⌚ 1 week min

Spend time with local students as you teach in schools in and around Koh Samui. Teach youngsters in local schools in the morning and in the afternoon you will prepare your lessons for the next day. You will help students broaden their minds and have a cultural exchange as you teach and assist local staff with your creative ideas, songs, games, and other fun activities.

## Koh Samui Construction & Renovation



📍 Koh Samui  Every week ⌚ 1 week min

Work alongside locals on tasks like painting, plastering, and roofing repairs, making a lasting impact on the community. This program offers a fulfilling experience, combining hands-on work with cultural immersion, all under the guidance of experienced coordinators to ensure safety and success in your efforts.