



## Foodshop



📍 Ho Chi Minh 📅 Every week ⌚ 1 week min

The Food Shop program is NGO-run, partnering with local people to provide heavily subsidized, low-cost meals. Its success relies on donations, local assistance and our participants, whose efforts prepare and serve daily. Anyone and everyone who needs support is more than welcome to come in and enjoy these nutritious meals.

## Kindergarten



📍 Ho Chi Minh 📅 Every week ⌚ 1 week min

Make a lasting impact on young lives in our Child Care program. Help teach basic English, play games, and assist with daily activities at a local kindergarten. Your energy and creativity will enhance the learning experience for children aged 3-6, contributing to their growth and development.

## Medical Placement



📍 Ho Chi Minh 📅 Every week ⌚ 2 weeks min

Get your scrubs on for this rare opportunity to shadow local medical professionals and gain insight into the Vietnamese healthcare system. This program is based in a government-operated hospital, serving the community of Ho Chi Minh. Observation, recording, and analyzing will be a key part of this project.



## Campus Life (Teaching)



📍 Ho Chi Minh 📅 Every week ⌚ 1 week min

Native and advanced-level speakers can help our students improve vocabulary, spelling, and pronunciation and fine-tune their overall knowledge of English. You will assist your peers - mostly hospitality and tourism students, 16-25 years old, in a mutually beneficial, two-way learning process and cultural exchange.

## Vietnam Culture Week



📍 Ho Chi Minh 📅 Every week ⌚ 1 week

Participants can explore historic sites like the War Museum and Cu Chi Tunnels, immerse in Vietnamese customs and cuisine, and discover the country's profound cultural heritage during an enriching week-long program.

## Kick Boxing



📍 Ho Chi Minh 📅 Every week ⌚ 1 week min

Our kickboxing/MMA/Muay Thai training program is designed to focus on improving physical fitness, stamina, combat skills, and reflexes. By participating in this program, you will enhance your overall health, flexibility, and fighting capabilities. The program is conducted in a structured manner to provide a well-rounded training experience.

## La Gi Teaching



📍 La Gi 📅 Every week ⌚ 1 week min

Work with students of different ages mostly from 6 to 18 years old, who will be happy to meet and learn from you! You will help students improve vocabulary, pronunciation, and sentence-building structure, as they practice with the use of basic, yet fun conversations.

## Education & Teaching Internship



📍 Ho Chi Minh 📅 Every week ⌚ 4 weeks min

Teach English! Native and advanced-level speakers will help students improve vocabulary, spelling, and pronunciation and fine-tune their overall knowledge of English. You will assist your peers – mostly Hospitality and tourism students, 14-25 years old, in a mutually beneficial, two-way learning process and cultural exchange.

## Hospitality and Tourism Internship



📍 Ho Chi Minh 📅 Every week ⌚ 4 weeks min

Engage with top hotels and tourism agencies, gaining valuable insights into customer service and event management. Surrounded by Ho Chi Minh's rich history and modern dynamism, this program offers a unique chance to refine skills, forge connections, and create lasting memories in a city renowned for its warm hospitality and thriving tourism sector.